

### In this OWL (Online Workshop Live) you will ...



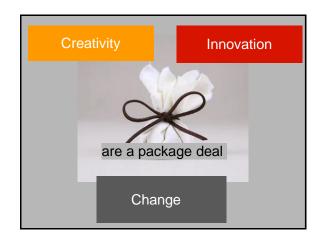
... deepen your understanding of creative thinking and action.

... discover practical ways of developing your own personal creativity.

### ANONYMOUS POLL When do you get your best ideas? Click **up to three** that are closest to your personal view

- 1. When I am immersed in nature.
- 2. When I wake up in the morning.
- 3. In the shower.
- 4. In a brainstorm.
- 5. While working at the office.
- 6. In the company of other people, informally.
- 7. In conferences or events.
- 8. When I'm doing something I love.
- 9. When I have a pressing problem.









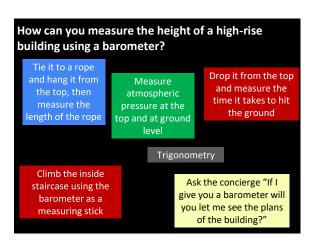


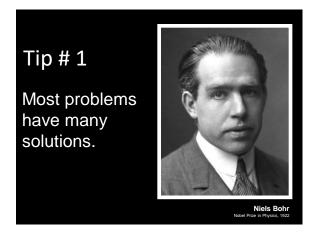


#### ANONYMOUS POLL What most inhibits your creativity? Click **up to three** that are closest to your personal view

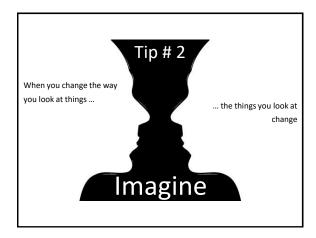
- 1. Fatigue or stress.
- 2. People I work with.
- 3. The criticism and judgment of others.
- 4. Self-criticism.
- 5. The climate in my company.
- 6. The overall environment in my country.
- 7. My poor knowledge about creativity.
- 8. Having to do things I hate to do.
- 9. Excessive tranquility or boredom.

# 8 Tips to develop your Personal Creativity

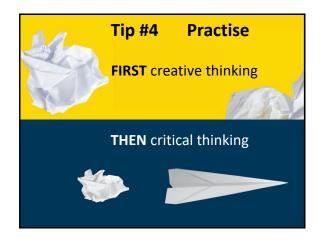








### Tip # 3 Challenge your assumptions "Creativity is the ability to identify and overcome self-imposed constraints." Russel Ackoff





### A creative challenge

How many uses of a newspaper can you think of?

#### Individually (1 min):

Note as many uses as you can possibly think of, fast!

In your Team (3 mins): Share your ideas and select the one single use you think is the most unusual.



Archimedes discovered his famous principle of displacement of water when he connected – in his mind - the metal of the King's crown and the level of his bathwater.



### Newton

made a connection that led to his theory of gravity: he saw an apple falling from a tree and the moon in the sky and speculated that both phenomena were due to the same force.



## Einstein discovered relativity when he imagined he was travelling on a beam of light

Salvador Dali
would sit on an armchair
holding a silver spoon
over a silver tray. When
he dozed off the spoon
would hit the tray and
wake him up – that's
when visualised his best
pictures!

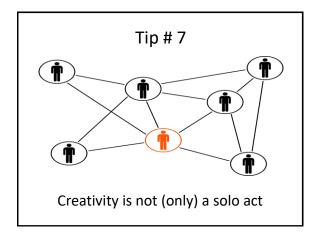


**George de Mestral** invented VELCRO after he observed that when he walked his dog in the woods, burrs would stick on his dog's fur.















Thank you		
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